



## **Here Be Dragons: Harnessing the Power of Story to Help Children with Traumatic Backgrounds**

### **POST TEST**

1. Behavior IS communication.  
 True  
 False
  
2. Post-Traumatic Stress Disorder (PTSD) is the same thing as trauma.  
 True  
 False
  
3. A child who experiences trauma might exhibit:
  - a) Jumpiness
  - b) Sleep problems
  - c) Anger and moodiness
  - d) Social withdrawal
  - e) All the above
  
4. Structure and routines are important for children who have experienced trauma because greater predictability leads to less anxiety.  
 True  
 False
  
5. All of these are protective factors which may help a child be resilient to trauma, except:
  - a) Caring relationships with parents or extended family member
  - b) Hobbies and interests
  - c) Friends
  - d) Positive outlook on life
  - e) Lack of household rules
  - f) Positive self esteem
  
6. Stories are powerful tools because the simple act of telling the story moves the child from the Character in their life story to the Storyteller.  
 True  
 False

7. A risk factor for experiencing compassion fatigue is:
- a) Having a personal history of trauma
  - b) Having a high degree of empathy
  - c) Inexperience working with trauma
  - d) All the above
8. Name one coping skill you could use to combat compassion fatigue:

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Please send your answers to [Judi@wisapsp.org](mailto:Judi@wisapsp.org). She will then send you a certificate of attendance.  
Thank you.