



Wisconsin  
Adoption &  
Permanency  
Support

## HOW A HEALTHY ATTACHMENT LEADS TO TRUST

A HEALTHY ATTACHMENT SETS THE STAGE FOR A CHILD TO TRUST IN THEMSELVES AND IN OTHERS. WHEN A CHILD'S NEEDS ARE NOT MET ON A CONSISTENT BASIS, EMOTIONALLY AND PHYSICALLY, THE CHILD WILL OFTEN DISPLAY BEHAVIORS VIEWED AS CONTROLLING OR MANIPULATIVE. THESE BEHAVIORS ARE SURVIVAL SKILLS STEMMING FROM NOT GETTING THEIR NEEDS MET EARLY IN LIFE.



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To learn more about healthy attachment, consider reading *The Connected Parent* by Karyn Purvis, found in the WISAPSP lending library. Contact your local WISAPSP office for more information.