

isconsin Greater Milwaukee Area

CONTACT PATTIE AT PATTIE@WISAPSP.ORG OR CHRISTY AT CHRISTYT@WISAPSP.ORG WITH QUESTIONS ON ANY EVENTS



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A September quote: "And then the sun took a step back, the leaves lulled themselves to sleep and Autumn was awaked." – Raquel Franco

September brings change and excitement as children return to school, the weather becomes cooler and holidays are on the horizon. As we switch gears to school days and fall weather, we have great things planned for everyone. We have some wonderful support groups and educational events happening virtually such as the Sibling Support Group for any teen 12-16. We have several in-person support meetups we are excited about; a meditation class in Wind Lake, a family walking tour through the Lynden Sculpture Gardens, and tour a family 1850's stagecoach inn, "The Wade House" for a family fun event! Check them all out below!



This event is sponsored by Jockey Being Family specifically for Foster, Adoptive and Guardianship families. Cruise along the Milwaukee River through the downtown area and into Lake Michigan, (staying inside the break wall). Guests will have access to beautiful views of the Milwaukee Art Museum, Discovery World, and the entire skyline of Milwaukee. Families can enjoy the fresh air, and the water, with other foster, adoptive and guardianship families. Additional tickets cannot be purchased as we must keep the attendance at a 50%

Family Boat Tour on the Miss Wisconsin -Sponsored by Jockey Being Family

Date And Time:

Sat, September 4, 2021 10:30 am – 12:30 pm

Location:

Edelweiss Cruises and Boat Tours 205 West Highland Avenue, #204 Milwaukee, WI 53203

capacity allowing for proper social distancing. (Limited tickets/four per family). Food and drink carry-on is not permitted but refreshments may be purchased on the boat.

The Miss Wisconsin cruiser will depart at exactly 11:00 am returning at 12:30 pm. A WISAPSP Support Specialist will meet you at the dock at 205 West Highland Avenue in Milwaukee to get your family checked in!



Do you have difficult topics you want to address with your child about mental health but do not know where to start, or what to say?

Please join us for a LIVE webinar with Kira Parris-Moore, LMFT, a licensed family therapist and author of several children's books; Trey the Chef, Suzy the Dressmaker, If Corona Was a Person, Our Masked Heroes, among many others. In this webinar she will discuss ways to have meaningful conversations about mental health with your children, using tools such as children's books and other therapeutic methods that have shown to be effective with children. She will focus on anxiety but will also offer insight into other areas as well.

RECORDED WEBINAR: How To Talk With Your Child About Mental Health

Date And Time: Thurs, September 9, 2021 6:00 pm – 7:00 pm

> Location: Online

REGISTER

KINnect Event – Paw Patrol Family Movie Night at the Bistroplex: Greendale



All kinship/relative caregiver families (adults providing primary care to relative children, including those who have adopted relative children as well as those who have guardianship of relative children) please join us for the showing of the newly released movie PAW PATROL at the Bistroplex theatre in Greendale, WI (near the Southridge mall in the Milwaukee area). Bring your family for a movie, snacks, and prizes on us!

Every family member will receive a ticket to the movie, a 46 oz box of popcorn, 20 oz fountain beverage, a box of candy, AND a spin at the prize wheel. Prizes include everything from year-long memberships to the Urban Ecology Center in Milwaukee, Milkmen baseball team merchandise, gift cards, sensory toys, family games, and more.

Date And Time

Fri, September 10, 2021 4:00 pm – 6:00 pm

Location:

Marcus BistroPlex Southridge 5210 South 76th Street Greendale, WI 53129

REGISTER



Adoptive, Kinship & Guardianship parents and caregivers: Please join us for a trauma-informed virtual support group just for you! This group is especially for caregivers who are:

- Parenting youth with trauma histories
- Parenting youth with emotional or behavioral challenges and/or

Virtual Group: Trauma Informed Parenting

Mon, September 20 , 2021 12:00 pm – 1:00 pm

Location:

Online

diagnoses such as RAD, DMDD, & ODD

The group meets on the 3rd Monday of each month from noon (12:00 pm)-1:00 pm. There will be monthly focus areas for discussion and/or guest speakers to support ongoing learning, but always with plenty of time for connection and support. Please register early as group size is limited.



Adoptive, guardianship, and foster families. Join us for a fun event sponsored by our partners at Jockey Being Family. Come spend the morning or afternoon connecting with nature and horses and find out how this can be a way to strengthen connection with ourselves, our family members, and other families. You will have the opportunity to experience hands-on games, activities, and art projects that will support communication, empathy, deepening relationships, and a sense of community. Horse activities will include brushing, grooming, and possibly leading. (The day will not include riding horses.) Snacks and drinks provided. All sensory and disability experiences are welcome. This event will be held at beautiful Snapdragon Farm and Stables in Mount Horeb. In the event of rain, we will use the barn and indoor arena. All participants will need to fill out a liability release form before interacting with the horses.

Please register for the morning session (9 am to noon) if your

Connecting with Horses and Nature

Date And Time:

Sat, September 25, 2021 9:00 am – 12:00 pm (morning session) 1:00 pm – 4:00 pm (afternoon session)

Location:

Snapdragon Farm and Stables, LLC 1523 Wisconsin 78 Trunk Mount Horeb, WI 53572

children are elementary school age. Please register for the afternoon session (1 pm to 4 pm) if you have middle/high school age children. If you have both younger and older children, choose the option in which you think your children would do best.



Please continue to join us for a great opportunity to connect with other relative caregivers as a way to share the joys and challenges of being a relative caregiver. Our daytime meetings will continue to be held virtually on the last Thursday of the month from 11 am-12 pm. However, we now have a second evening opportunity which meets virtually on the 3rd Wednesday of the month from 6 pm-7 pm. Please feel free to sign up for one or more of the monthly groups. (Please also check out our relative caregiver fun family events).

Virtual Group: KINnect Relative Caregivers of Children - Morning

Date And Time: Thurs, September 30, 2021

Location: Online

11:00 am

REGISTER



Join other siblings of blended families also part of an adoption or foster placement for a live, video group session to socially connect and discuss topics related to challenges that arise in these family dynamics.

Virtual Sibling Support Group: Creating School/Life Balance

Date And Time:

Tues, October 5, 2021 7:00 pm

Location: Online

REGISTER

This support group will be facilitated by Chelsey Zommers and Christy Timm, Adoption & Permanency Support Specialists from our Wausau and Milwaukee offices. The group size will be limited, so please preregister via Eventbrite. This group will take place approximately once every six weeks on a Tuesday evening at 7 pm. Join as often as you would like.

TOPIC: Creating School/Life Balance



Come out to a family night of bowling, arcade games, pizza, and more! Please join us for a bowling night at the AMF Lanes in Milwaukee, WI for 2 hours of bowling (4 pm-6 pm), shoe rentals, pizza, soft drinks, a \$5 arcade card, and prizes on us! If you have any questions or are in need of more than 4 tickets (1 ticket is good for 4 members of the family) please email christyt@wisapsp.org.

Family Bowling Night at AMF Lanes: Milwaukee

Date And Time:

Fri, November 12, 2021 4:00 – 6:00 pm

Location:

AMF West Lanes 7505 West Oklahoma Avenue Milwaukee, WI 53219

REGISTER



Join us for a meditation session run by Amy Bowser, a Registered Nurse of over 20 years, a Licensed Massage Therapist, and Yoga Instructor at Blue Lotus Health and Wellness in Wind Lake, Wisconsin.

Meditation and Relaxation Hour for Parents: Wind Lake

Date And Time:

Sun, November 14, 2021 2:00 pm – 4:00 pm

Location:

Blue Lotus Health & Wellness 7923 South Loomis Road Wind Lake, WI 53185

Amy will take you through guided meditation to focus on finding inner peace within your mind and your spirit. This meditation will focus on using all of your senses to dive deep into relaxation with mindful movement of breath and postures. This class is perfect for first timers, as well as anyone who enjoys meditation regularly. All WI adoptive, guardianship, and kinship parents are welcome! Regardless of if you are coming as an individual or couple, please register on Eventbrite separately.

We love to see our parents take time and do something for themselves so this one is on us! We have reserved the entire class just for our WISAPSP parents.

If you have any questions, please email Christy at christyt@wisapsp.org.



In this webinar, Tyler Secor, MS, LPC-IT will explore the experience of video gaming, how to identify which games are appropriate, how much is appropriate, video game violence and addiction, and potential therapeutic benefits of video gaming for children of various backgrounds and experienced trauma. He offers additional resources for families including scientific researchers, books, organizations, videos, and resources for parents to identify appropriate games and details of content within.

LIVE WEBINAR: Video Games Reimagined; How to Enter Their Virtual World

Date And Time:

Thurs, December 9, 2021 6:00–7:00 pm

Location: Online

Tyler Secor is a professional counselor with several years' experience working with children and families in a variety of contexts, particularly families divided by crisis. He is a counselor and Crossroads Program Coordinator for Youth and Family Project, and a PhD student at Mount Mary University for Counselor Education and Supervision. Tyler is passionate about mental health and video gaming, and recognizes the therapeutic potential of gaming. Tyler believes judicious video gaming can be part of a healthy lifestyle, and is eager to help bridge gaps in understanding between children and their guardians.



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